

#### **4.1.2 - The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.**

The institution has adequate physical facilities which are augmented from time to time for conducting curricular, co-curricular and extracurricular activities efficiently.

Student activities - Cultural, sports, indoor and outdoor games, gymnasium, auditorium, NSS, cultural activities, public speaking, communication skills development, yoga, health and hygiene etc.

Cultural - The auditorium is available for extracurricular activities of the institution like cultural functions, orientation programmes, medical camps, college fest and awareness seminars. A stage in the common ground is also used for cultural activities and functions like celebration of Independence day, Republic day etc.

Games(Indoor)- Common Room cum Gymnasium is equipped with Carrom board, Table Tennis board and Chess board.

Games(Outdoor) -The ground of the Institution is used for sporting activities like volley-ball, badminton, throw-ball.

Gymnasium-Common Room cum Gymnasium is equipped with modern gym equipments (Exercise Cycle, Exercise Ball, Treadmill, Fitness Bench, Twister machine etc.) for exercising. It is open from Monday to Saturday and the Instructor is available from 6.00 to 8.30 in the morning and 5.00 to 7.30 in the evening.

Yoga-Yoga cum activity room is available with the whole room covered by yoga mats and it is also used for practicing dance and other co-curricular activities. Yoga Day is celebrated regularly, with online celebration for the past two years, with Yoga demonstrated by experts.

Classrooms are available for students' society meetings. There is a dedicated space for career counseling and placement unit. A dedicated medical room with adequate facilities is available for students, faculty and staff, a medical practitioner visits once every fortnight and also available on emergency basis.

NSS - Camps and other activities are carried out regularly. The college provides infrastructure and funds for all NSS activities.